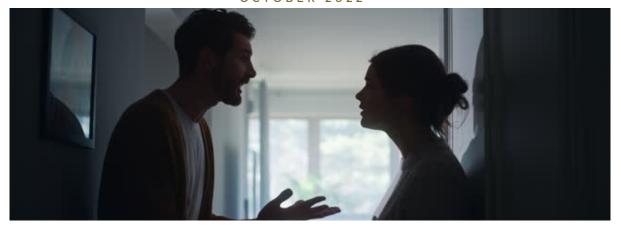


OCTOBER 2022



ONLY GOD CAN TRANSFORM YOUR VALLEY OF TROUBLES INTO A DOOR OF HOPE - HOSEA 2:15

## Domestic violence is a crime! If you are in danger, call 911. If you are safe and would like

counsel or guidance, contact Hope's Door at 205-618-8058 or 205-677-3041.

The mission of Hope's Door is to end the cycle of domestic violence and abuse through

educating, counseling, and empowering women. We are a faith based ministry serving women in Central Alabama but we receive calls from all over Alabama and the United States.

Here are some alarming statistics about abuse taken from the American Bar Association and Bureau of Justice Statistics: Abuse affects men, the elderly and children but we are a service

to women so we focus on that population.

- Domestic abuse is the number one health problem for women in America and affects 1 in 3 women.
- 4 million American women are assaulted each year by their partner
- Every 9 seconds a woman is beaten or assaulted by her partner
- 3 or more women are murdered by their partners every day.
- 3.3 million children witness violence toward their mothers
- Domestic violence is the number one contributing factor to the breakdown of the family unit.

Renae's story. She found hope. She called us, we helped her find shelter and began to navigate her journey to freedom. She went through our counseling and empowerment program and realized her true identity lay in Jesus Christ and that she was a beautiful, strong, and very capable woman. She is now free and helping others.

To our precious donors, we love you and pray for you. We have seen God change many lives this year through our counsel and teaching. We average around 30 hours of sessions and numerous follow up emails or text messages. It is an immense joy to watch a woman begin to have confidence in herself and begin to deepen her relationship with our Lord. Keep us in prayer as we go through the Holiday season. It can be hard on those who are separated from their families and have experienced trauma associated with holiday seasons.

Please agree with us in prayer for God's provision for this upcoming year and for lives to be impacted eternally through our services. Consider donating and becoming a vital link to transforming lives.



Elizabeth Sherrell Michelle Sylestine





